**Topics for Culminating Activity**

Listed below are a wide variety of topics from which you can choose. These ideas are not an exhaustive list—you are free to choose a different topic other than what is on this list. Please discuss with Mr. Reed or Ms. Ng if this is the case.

YOUNG ADULTHOOD

1. The challenge of being single: Establishing a meaningful lifestyle
2. Effects of cohabitation on long-term relationships
3. Socio-economic factors affecting the mate-selection process
4. Romantic love as a basis for marriage
5. Cross cultural perspective on mate selection
6. Premarital sexual relationships
7. Career search: Establishing roots in the professional world
8. Challenges that immigrant women face.
9. Challenges of LGBTQ (lesbian, gay, bisexual, transgender, queer) youth coming out
10. Coming out in a heterosexist society

*YOUNG COUPLES*

1. Marriage-preparation courses: Discussion of the success
2. Factors that make a successful long-term relationship
3. Egalitarian relationships: Effects of societal sex-role changes
4. Communication: Key to successful relationships
5. Alternatives to traditional marriage
6. Challenges and strategies used by interracial couples
7. Challenges and strategies used by interfaith couples
8. Challenges and strategies used by same-sex couples
9. Negotiating gender roles in marriage

STRESSES IN LONG-TERM RELATIONSHIPS

1. The family in the Canadian economy: Effects of unemployment
2. Money management: A major cause of marital stress
3. Coping with stress: Family therapy
4. Violence in the family
5. Separation and divorce
6. Remarriage: Stepfamilies
7. Poverty
8. Discussion of the causes of divorce
9. Discussion of the challenges that single mothers face
10. Impact of divorce on the father, role change, and strategies used to cope
11. Impact of alcoholism on the family
12. Impact of substance abuse on the family
13. Impact of gambling addiction on the family

THE FAMILY WITH CHILDREN

1. Pregnancy and infancy: Changing roles for parents
2. Childless by choice
3. Effects of early childhood deprivation
4. Day care: Emotional, social, economic, or legal implications
5. Changing roles of fathers
6. Television and computers in the lives of children
7. Learning-disabled children
8. Children with autism
9. Children with mental or physical handicaps
10. Single-children families
11. Adoption
12. International adoption
13. Discipline
14. Birth order
15. The role of religion in the lives of families
16. Parenting styles and impacts on children
17. Immigration and its impact on the family
18. Identity of biracial children
19. Surrogate parenting
20. Parenting after forty
21. Poverty and family life
22. Child poverty—worldwide
23. Child poverty—North America
24. Increased need to use food banks when on social assistance
25. The increasing number of school-aged children living in shelters

FAMILIES WITH ADOLESCENTS

1. Adolescent development: A time of social and emotional change
2. The communication gap: Parent–teen relations
3. Adolescent sexuality
4. Adolescence: A cross-cultural perspective
5. Adolescence: A historical perspective
6. Student disengagement: How to re-engage disengaged students
7. Cults

FAMILIES WITH CHILDREN UNDER STRESS

1. Single parent families
2. Illness and death of a child
3. Illness and death of a parent
4. Teenage pregnancy
5. Teenage runaways
6. Child welfare and protection
7. Juvenile delinquency/gangs/young offenders
8. Teenage addiction
9. Eating disorders
10. The effects of mother/father absence on children
11. The challenges and coping strategies of refugee families